

# PLANT FUELED RESET

by Clean Food Dirty Girl

# CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 JANUARY	2	3 MENU & CONTENT DROP LIVE ON ZOOM Kitchen and Palate Refresh	4	5 LIVE ON ZOOM VIP group coaching	6 FACEBOOK GROUP LIVE CHECK IN
7 MENU & CONTENT DROP	8	9 LIVE ON ZOOM Check in Three-day juice fast	10	11 LIVE ON ZOOM Happy Batcher	12 LIVE ON ZOOM VIP group coaching	13
14 MENU & CONTENT DROP	15	16 FACEBOOK GROUP LIVE CHECK IN	17	18 LIVE ON ZOOM Batchless and Fed	19 LIVE ON ZOOM VIP group coaching	20
21 MENU & CONTENT DROP	22	23 LIVE ON ZOOM Big Salad Energy	24	25 LIVE ON ZOOM Toppings for Days	26 LIVE ON ZOOM VIP group coaching	27
28 FACEBOOK GROUP LIVE CHECK IN MENU & CONTENT DROP	29	30 LIVE ON ZOOM Dessert Magic	31	1 FEBRUARY LIVE ON ZOOM Smoothie-gasms	2 LIVE ON ZOOM VIP group coaching	3 FACEBOOK GROUP LIVE CHECK IN
4	5	6 LIVE ON ZOOM	7	8 FACEBOOK GROUP LIVE CHECK IN	9 LIVE ON ZOOM VIP group coaching	10 LIVE ON ZOOM Reset wrap up

## TIMES

### MONDAY - FRIDAY

5pm Pacific / 6pm Mountain / 7pm Central / 8pm Eastern

### SATURDAY - SUNDAY

9am Pacific / 10am Mountain / 11am Central / Noon Eastern

#### LIVE ON ZOOM

Link to join will be in the Reset Library

#### FACEBOOK GROUP LIVE CHECK IN

Will take place in the private Facebook group for this Reset

#### NOTES

Questions? Email [support@PlantFueledReset.com](mailto:support@PlantFueledReset.com) or visit [PlantFueledReset.com](https://PlantFueledReset.com)